



MOUNTAINEERING CLUB OF ALASKA

BOX 102037

ANCHORAGE, ALASKA 99510

MAY 1988

Volume 31, Issue 05

MAY MEETING

The meeting will be held Wednesday, May 18th, 7:30 pm, at the Pioneer School House, top floor, 3rd and Eagle Sts., downtown Anchorage. After the business meeting, Bill Wakeland will present a slide show on his 1-week bike trip in Denali Park and a 2-week kayak trip in the Wood/Tikchik State Park north of Dillingham.

MINUTES OF THE APRIL MEETING

As usual, the meeting was held at the Pioneer School House, this time on April 20, 1988 with Willie Hersman presiding. He called the meeting to order at 7:47 pm. The reading of the March minutes was waived. New members were welcomed.

A get-well-card went around for folks to sign and to be sent to Jennifer McCaffrey who is in the hospital. Hope you're doing better now Jennifer!!

I. COMMITTEE REPORTS

A. Hiking and Climbing

1. Kathy Burke informed us on the development of her hiking schedule and of some "wild" hike the boy scouts asked about. The recorder didn't pick up the exact details on that. She further announced that her poster of Anchorage Skyline Peaks, which gives all their names, is still available for \$9.95.
2. Don Hansen announced a trip to Williwaw Peak and offered more details for those interested in his other trips.
3. Mark Findlay told of a planned trip to Wolverine Peak on May 7th.

B. HUTS

1. Gerry Minick has all the materials to repair some of the huts in his living room and is just waiting for a clear day so that Lowell Thomas Jr. can fly it all in. Parties interested in helping to load and unload all this gear should contact Gerry.
2. Tim Neale announced that a group of Brits will be coming over to help with trail work and also to do some work on aforementioned huts. We'll see how that goes.

C. PARKS ADVISORY COMMITTEE

1. Tim Neale warned about the possibility of recreational helicopter activity in Chugach State Park for tourists. There have been seven public hearings on this issue, and every time the outcome was against such an undertaking (Bravo!). Yet, legislator Sam Cotton wants to reopen the helicopter issue through political channels. If you as a concerned State Park user are against such impact, please state so by calling Sam Cotton's office in Juneau collect.

II. OLD BUSINESS None.

III. NEW BUSINESS None.

IV. TREASURER'S REPORT

Petty Cash - \$ 97.42
Checking - 731.06
Money Market - 4509.82
Total Monies - \$5307.26

V. ANNOUNCEMENTS

- A. Willie Hersman was looking for a person to type the Scree, since he planned to go on yet another trip. If you get your copy this month, it must be because he found someone. Thanks Marlana for your help!!
- B. Thanks to Kris Erickson for a fabulous slide show on Africa.

Meeting Adjourned.

Respectfully Submitted,
Pete Sennhauser

ADZE

Basic Whitewater Kayak, SEDA Dart with excellent paddle, \$95, or best offer.
Call Doris Curtis at 272-9663 or Dayton Curtis at 271-5927

Notes on ONE-POT MEALS from Mike King

INGREDIENTS FOR ONE-POT MEALS

By choosing one or more ingredients (or none) from each of these lists, one can vary the one-pot meals while controlling the nutritional balance. Amounts indicated at the tops of the columns are for an average serving. As you gain experience and talk to other trail cooks, add your own discoveries to the lists. Eventually you will develop your own personalized chart for one-pot meals.

<u>BASES (1-2 ozs.)</u>	<u>STARCHES (2-4 ozs.)</u>	<u>PROTEIN (1-2 ozs.)</u>	<u>VEGETABLES (1/2-1 ozs.)</u>	<u>SEASONINGS (trace)</u>
1. Onion soup	1. Mashed potatoes	1. Chipped beef	1. Peas	1. Black pepper
2. Gravy mix	2. Potato chunks	2. Freeze dried ham	2. String beans	2. Green pepper flakes
3. A la king sauce	3. Noodles	3. Dried chicken	3. Carrots	3. Salt, seasoning salt
4. Spaghetti sauce	4. Quick rice	4. Canned tuna	4. Spinach	4. Chili powder
5. Bouillon cubes	5. Precooked beans	5. Canned viennas	5. Vegetable soup mix	5. Onion salt or flakes
6. Cheese sauce	6. Spaghetti	6. Soybean meats	6. Stew mix	6. Soy sauce
7. Tomato soup	7. Corn meal	7. Cheese	7. Tomatoes	7. Mustard
8. Vegetable soup	8. Bulgur	8. Dried shrimp	8. Onions	8. Margarine
9. Sloppy joe sauce	9. Biscuit mix	9. Dried meatballs	9. Parsnips	9. Dehydrated parsley
10. Mushroom soup	10. Bread or buns	10. Canned chicken	10. Mushrooms	10. Garlic powder
11. Cream sauce	11. Alimentary paste	11. Dried eggs	11. Freeze dried corn	11. Dill, rosemary, etc.
12.	12.	12.	12.	12.
13.	13.	13.	13.	13.
14.	14.	14.	14.	14.
15.	15.	15.	15.	15.
16.	16.	16.	16.	16.
17.	17.	17.	17.	17.
18.	18.	18.	18.	18.
19.	19.	19.	19.	19.
20.	20.	20.	20.	20.

ALASKA WILDERNESS STUDIES - SUMMER, 1988

The College of Community and Continuing Education University of Alaska Anchorage is offering the following courses to study the natural history of Alaska. These field courses are taught by naturalist wildlife biologist John Wenger as part of the Alaska Wilderness Studies Program.

General Information For Expedition Courses

Emphasis is on learning the bird, mammal and flowering plant species. Being non-credit courses you may be as studious as you desire and may participate in serious field studies, i.e. collecting Lepidoptera (butterfly) specimens or conducting bird and plant species inventories. Students provide food and camping gear. Transportation costs are shared (about \$25.00). Physical fitness levels vary with each course trip. Eleven students maximum per trip (expeditions). All courses are designed to be an enjoyable outdoor learning experience.

Denali State Park Wilderness Expedition AWS 013

Prebrief June 20, Trip June 22-26 Non-Credit \$125.00

A train and rafting trip to study the natural history of Denali State Park. Approaching by rafts you will enter a section of the park seldom seen by others. Backpack to alpine Curry Ridge with its superb views of Mt. McKinley and camp along the alpine ponds. This is a hiker's paradise of solitude and scenery.

Natural History Rafting Expedition - Delta River AWS 034

Section 141 - Prebrief June 27 (evening) Trip June 29-July 4 (6 days) \$170.00

Section 142 - Prebrief July 11 (evening) Trip July 16-24 (9 days) \$250.00

Float this National Wild and Scenic River to observe, study and photograph its surrounding natural history. Also, since the Delta River offers superb grayling fishing the instructor being a former fisheries biologist will include the natural history of this species and fly fishing techniques. Carpool to Tangle Lakes and raft 50 miles with plenty of stops for camping, fishing and hikes into the alpine tundra.

Natural History Backpacking Expedition - Wrangell-St. Elias Mountains AWS 033

Prebrief July 5 (evening) Trip July 6-10 (5 days) \$125.00

Join a small group of nature enthusiasts to observe, study and photograph the natural history of the Wrangell-St. Elias Mountains. Carpool to Nebesna Road and hike 3 miles on the open tundra with a backpack rising about 2,000 feet in elevation (easy slope). Since we will base camp near an alpine lake, small daypacks will suffice for all other daily explorations.

For further information, contact instructor (277-3789) or Alaska Wilderness Studies Program (786-1468). See UAA '88 Summer Schedule or call 786-1121 for registration information.

TRIP REPORTS

ARCTIC VALLEY TO INDIAN SKI TRAVERSE

Saturday, April 2, 6:45 a.m., found four of us saying goodbye to one car at Arctic Valley and heading for the other car 21 miles away at Indian. Yes, this meant missing the Peewee Herman show, but my friends assured me it would be worth it. Susitna slept under a rosy-dawn blanket as we headed down into the Ship Creek Valley. After a few chin-plows and splits, due to ice, we decided it would be safer to walk down to the trail along the valley floor.

When we reached Ship Creek we found tracks on good snow with a few icy patches under trees. We meandered along side Ship Creek watching a Water Ouzel and tracks of rabbits, squirrels and possibly a Lynx. At a 10:00 a.m. rest stop a hiker and his dog passed us and he said he was hiking to Indian. (!?) We all looked at each other and decided that when we caught up to him we'd tell him how deep the snow would be in Indian Pass. Skiing under Temptation Peak and turning right into the pass we couldn't believe our perfect day of blue skies, sunshine and good snow. In the pass we found a warm bare patch of crowberries where we had lunch. Flocks of ptarmigan ran around on the slopes above us.

The snow in the pass was a little sticky, but we just kept up a steady pace. A group of high school kids passed us, and the "lone hiker" was still ahead of us (!!). The snow was full of sparkles, and it was neat to see all the side valleys that we had explored in the summertime now full of snow.

The trip down from the pass to the trees of Indian Valley was quite an adventure. Ski, fall, ski, fall, ski, fall. After I'd had enough of that I took off my skis and followed in the "lone hiker's" footprints, and the walking wasn't bad at all. (Actually, the hiker didn't break through the snow very badly anywhere along the whole trail) We met more skiers, one had come from Arctic Valley like us, others from Glen Alps via Ship Lake. Everyone thoroughly enjoying the sunshine and snow. The snow along Indian Creek was good, then bad, then good, then bad. It took too much time to put the skis on and take them off every 50 yards, (if that). I hiked out about the last 5 miles, Linda and Mary held out and hiked about the last 3 miles, Doris skied to about $1\frac{1}{2}$ miles from the parking lot (of course, she'll probably have to buy new skis!). We reached the car at 6:15.

What a day! The Arctic to Indian Traverse was everything I had heard and more. I felt great! We stuffed ourselves with goodies left in the car the night before and compared racoon-mask tans. We never did catch up with the "lone hiker".....who was that masked hiker? (Probably Jim Pommert's brother!) The next day would be Easter and I only hoped that I would be able to "resurrect" myself out of bed!

Besides myself the other bearers of racoon-masks were Doris Curtis, Mary Savage and Linda White.

Kathy Burke

TRIP CLASSIFICATIONS

The classifications below do not consider individual trip hazards such as river crossings, scree slopes, snow fields, bears, etc. Trip leaders are required to inform the trip participants of any such hazards either verbally, on the sign-up sheet, or in the trip description. Leader approval is required for all trips.

NON-TECHNICAL: The following are a few standards used to classify non-technical trips. The classification is made in terms of hiking distance and altitude gain. Many trips are not on established trails.

CLASS A: Easy hikes with a maximum distance of 8 miles for day trips or 4 miles per day for overnight trips. Altitude gain up to 1200 feet.

CLASS B: Trips involving a maximum distance of up to 12 miles for a day hike or 6 miles per day for an overnight trip. Altitude gain of 1200 to 2500 feet.

CLASS C: Trips up to 15 miles for a day hike or 8 miles per day for an overnight trip. Altitude gain up to 3500 feet. Scree, steep grass or other rough terrain problems may be encountered.

CLASS D: Hikes and climbs with an altitude gain of over 3500 feet or a distance of greater than 15 miles for a day hike or greater than 8 miles per day for an overnight trip. Peaks in this classification may require minimal climbing skills.

CLASS E: Hazardous climbing conditions may be encountered. A basic Mountaineering Course may be required.

TECHNICAL: Technical trips are open to all qualified climbers. However, the registration on any particular trip must be restricted to a safe and manageable number of climbers. Registration is made directly with the leader who determines the qualifications needed for the trip.

TRIP PARTICIPANTS have the obligation to acquaint themselves with the nature of the trip and to verify that it is within their capability and experience. Anyone wishing to participate in any trip above CLASS A must have completed one or more trips of the next lower classification, or the equivalent.

Approved by MCA Board, March 1987

LEADER QUALIFICATIONS:

1. Must be a member of the MCA.
2. Must have approval of the Hiking and Climbing Committee (A simple majority.)
3. Must have participated in trips of the same or higher classification showing competence in the opinion of the leaders of those hikes, or equivalent experience acceptable to the Hiking and Climbing Committee.

LEADER GUIDELINES:

1. Follow the general rules for MCA Sanctioned Trips.
2. Must have a sign-up sheet with all participants' names on it and turn it in to the Hiking and Climbing Committee at the end of the trip.
3. Must select a meeting time and place and disclose this information only to those persons on the sign-up sheet, unless call-ins are acceptable to the leader.
4. Must verify that each participant has signed a valid waiver and that it is on file.
5. Can require special equipment and refuse participation to any person that is ill-equipped
6. Has the authority to split the group (fast and slow), but must select a co-leader to help.
7. Must report any injuries to the MCA President.
8. Must report any personnel problems to the Hiking and Climbing Committee.

Approved by MCA Board, March 1987

HIKING AND CLIMBING SCHEDULE

- May 14-15 WILLIOWAW PEAK
Camp at Williwaw Lakes (16 miles roundtrip, 1400' elev. gain).
Additional 2600' to summit. CLASS D Ice axe and ability
to use it required. 55 Ways #33
Leader: Don Hansen 279-0829 HM 261-4656 WK
- 21 Open Weekend
- 28-30 CHICKALOON-BOULDER CR.
18 miles, 1000' elev. gain. This has been a favorite MCA
Memorial Day hike in years past. It offers relatively flat
and widely varied terrain. The middle day is available for
loafing or other day hikes to any of the many peaks in the
area. Call leader for details and sign-up. CLASS B/C
Leader: Marty Bassett 694-3917
- June 4 Open Weekend
- 11 WILLIOWAW LAKES LOOP HIKE
Start at Prospect Heights. Approximately 17 miles.
CLASS C
Leader: Alan Shayer 277-9085

- June 17-20 PICHLER'S PERCH
 Hut repairs. Details later.
 Leaders: Gerry Minick, Willy Hersman
- 18-19 FLATTOP SLEEPOUT
 Traditional. No leader.
- 25 BLACKTAIL AND ROUNDTOP
 Leader: Kathy Burke 346-2841
- July 2-10 LAKE CLARK
 Turquoise Lake to Telaquane Lake. Backpacking and day hikes.
 minimum 5, maximum 15 people. Approximate cost \$250-\$300
 each. \$50 deposit one month prior to trip. CLASS C
 Leader: Don Hansen 279-0829 HM 261-4656 WK
- 2-4 ROCK CLIMBING AT FERN MINE
 In conjunction with the American Alpine Club. Easy to hard
 climbs. Some instruction given, but not for beginners.
 Leader: TBA
- 9 Open Weekend
- 17 HIDDEN PEAK-RAMP-WEDGE
 10 miles, 3000' elev. gain. CLASS C
 Leader: Don Hansen 279-0829 HM 261-4656 WK
- 23 PENGUIN RIDGE TRAVERSE
 Bird to Girdwood via Penguin Peak. 9 1/2 miles, elev. gain
 6500'. CLASS C Bushwack at the beginning, no trails.
 Leader: Rick Maron 349-3064
- 23-Aug 6 ARRIGETCH PEAKS HIKE
 Minimum 6, maximum 12 people. Approximate cost \$400-\$600
 each. \$50 deposit one month prior to trip. CLASS D
 Leader: Don Hansen 279-0829 HM 261-4656 WK

The Hiking and Climbing Committee is always looking for leaders. If you have an idea for a trip, whether for an afternoon or for several weeks, give Kathy Burke a call at 346-2841. Ideas need not be limited to the so-called open weekend dates, anytime is fine. H and C Committee: K. Burke, Chairperson, B. Wakeland, D. Hansen, M. Bassett, W. Hersman.



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