

Mountaineering Club of Alaska, P.O. Box 2037, Anchorage, Alaska 99501
September 1970 - Vol.13, No.9

PLEASE NOTE: MCA MEETING NIGHTS WILL BE THE THIRD THURSDAY OF THE MONTH AT 8 P.M.

SEPTEMBER MEETING . . . THURSDAY, September 17, 8:00 P.M. at Ben Crawford Memorial Park (rear entrance), corner of 3rd and Eagle. Program: The Hon. Lowell Thomas Jr (Honorary MCA member and Alaska State Senator) will speak on North Slope activity. A film will also be shown. . . Mr. Thomas will also present an Honorary MCA membership to Rep. Helen M. Beirne. The MCA is indebted to her for her conservation efforts in general and for the Chugach State Park specifically.

CLIMBING AND HIKING SCHEDULE

September 12-13 (Saturday and Sunday) Helen Nienhueser needs experienced backpacking companions to help explore a new 2-day trip for "50 Wilderness Routes" this weekend. The trip is about 15 miles and goes from Purinton Creek to Chickaloon. Call her at 277-9330.

September 20 (Sunday) THE RAMP or O'MALLEY PEAK in the Chugach foothills. The Ramp is a 5240-foot pyramid centered amid Anchorage skyline peaks. Leader: Bill Stivers 277-2869.

September 26-27 (Saturday and Sunday) Another attempt at Pioneer Peak. August climb was postponed due to weather. Leader: Chuck Pease 756-1153 (days) or 753-6468 (nights).

October 3-4 (Saturday & Sunday) A weekend stroll to the Reed Lakes Area of the Talkeetna Mountains. "30 Hikes in Alaska" describes this area. "Granite spires, alpine lakes, and sunshine, reminiscent of the high Sierra, on the edge of the vast wilderness of the Talkeetnas, a mountain world unlike any other near Anchorage. Leader: Bill Stivers 277-2869

October 10-11 (Saturday and Sunday) This is YOUR weekend to take a friend climbing and to write it up for SCREE. This month's issue has ten pages and there's no reason why every issue can't be the same size.

October 15 (THURSDAY) October MCA Meeting. Election time.

October 17-18 Think of something and mention it at October meeting.

If you plan a trip and would like to have company along call Chuck Pease 756-1153 (days) or 753-6468 (nights) so we can put it in SCREE.

MCA BUSINESS

1) Minutes of the August 11, 1970 Meeting. Meeting convened at 7:45 P.M. at the Pioneer School House. Glacier school information was given out, and proposed by-laws change was discussed. (see separate entry). There was some discussion of a dues increase, but no decision was reached. There was also a cabin report- Eklutna was a mess. Whiteout cabin

need windows, and Eagle Cabin needs work. There is a new route to Powerline Pass, so we can now by pass the problems in the Glen Alps area. As a result of the expressions of many people, the Resurrection Creek Pass, Devils Pass, Russian Lakes Trail, Crescent Lake and Carter Lake trails have all been closed to motorized vehicles between April 1 and October 31. So our petitions may have been helpful in achieving this goal. Following the meeting, Rod Wilson gave a very interesting slide presentation on Africa, and we all enjoyed his dry humor. - Margaret Wolfe - MCA Secretary

2) Proposed By-Laws Change. (Things underlined are new and those within parentheses are to be deleted) This proposal will be voted on at the September meeting.

Article 3, Section 2

Dues shall be due and payable on January 1 of each year. Any person or persons joining at any time of the year must pay the full yearly dues which will entitle them to membership until the following December 31, except that, if they should join the club on or after September 1, their membership will be valid to December 31 of the following year. All current memberships will continue in effect until Dec. 31, 1970.

Section 3

Members who fail to remit their dues by February 1 following the date on which the dues are payable shall have their name deleted from the membership rolls. After February 1 any members who have not paid their dues for the coming year will be considered as guests, and they will be welcome to attend meetings and participate in trips and other activities to the extent authorized by guest status. They will not be eligible to vote nor to introduce or second motions, and they may be excluded from any discussions at meetings at the option of the presiding officer. They will continue to receive the monthly publication and other material mailed to the membership until (the following) February 1. (A member in this guest status is eligible for nomination to office, but before being elected to that office, a majority of the members present must vote to waive the requirement that he be a member. This waiver is to apply until the following January 1.)

3) Proposed Constitutional Change.

Amendment Article 4, MCA Inc. Constitution

Whereas the offices of corresponding secretary and recording secretary will be established and thereby eliminating the post of secretary. To be voted on at the annual meeting in October.

4) Notification of Annual Business Meeting. The annual business meeting will be held on Thursday, October 15th at 8:00 P.M. The proposed constitutional change will be voted on, and election of officers will be held. The Nominating Committee has submitted the following slate. Nominations for officers may also be made from the floor at the meeting.

President	Steve Hackett	Corresponding Secretary	Grace Hoeman
Vice President	Rivin Brudie	Treasurer	Norm Staden
Recording Secretary	Patty Ivanoff	Director (2 year term)	Randy Renner

The Alaska Rescue Group Presents . . .

* FOOD FOR THOUGHT *

STRESS AND THE MIND

Some outdoor emergencies are recognized immediately, such as a downed plane in the wilderness, or the sudden realization that you are completely lost or disoriented. Other problems develop insidiously, often without being recognized until it is too late. It is these problems which possess the hidden dangers to life.

Strong desires carried into the outdoors by the hiker, backpacker, climber, and

mountaineer often override good judgement, and adversely affect mental attitude and the will to live. These factors may even create emergency situations and/or precipitate accidents.

Determination: A state of mind which allows long-sought desires to overrule good judgement. This can push a person to use every ounce of energy to obtain the goal, leaving none to sustain life during the return journey.

Get-home-itis: This nagging pressure may be caused by obligations, promises, or even responsibilities that someone feels must be honored at all costs. In an attempt to honor them he often forsakes good judgement in his decisions in hopes he will be lucky and make it home.

Outdoorsmen must at times consider the worst of two evils: being late and safely returning home, or pressing on in the face of a storm (instead of finding shelter) and never getting home.

When man is forced to adjust quickly from a civilized environment, with all its comforts, to existence much like that of a caveman, he often develops psychological problems.

Realizing that you will have fears and that these are normal emotions in unfamiliar situations, you will be aware of them and better able to cope with them as they appear. Fears can be expected in any outdoor problem situation in this order of importance:

Fear of ---

Being alone - No companions, voices or help.

Animals - Imagination of attacks.

Darkness - Inability to see - Imagination.

Suffering - No relief from hunger or pain.

Death - Family implications.

Society - Losing face, admitting failure.

Fear is usually based on lack of self-confidence. Knowledge and experience instill confidence and help to control fear.

Doctors agree that basic fears do exist, and that under stress man is at the mercy of the mind. Fears may well be responsible for more deaths than exposure, hunger, or any other danger.

Fear and Imagination plague almost every person who is face-to-face with crisis. Fearfulness that can turn to blind panic may cause an experienced, knowledgeable person to injure or even kill himself in the intensity of his terror.

Fear or unexpected stress causes physiological reactions: Adrenalin is released - muscles tense - abdominal blood vessels contract to muscles. In an instant the liver releases stores of glucose as fuel. This internal reaction is physically exhausting and uses great quantities of the body's limited supply of available energy.

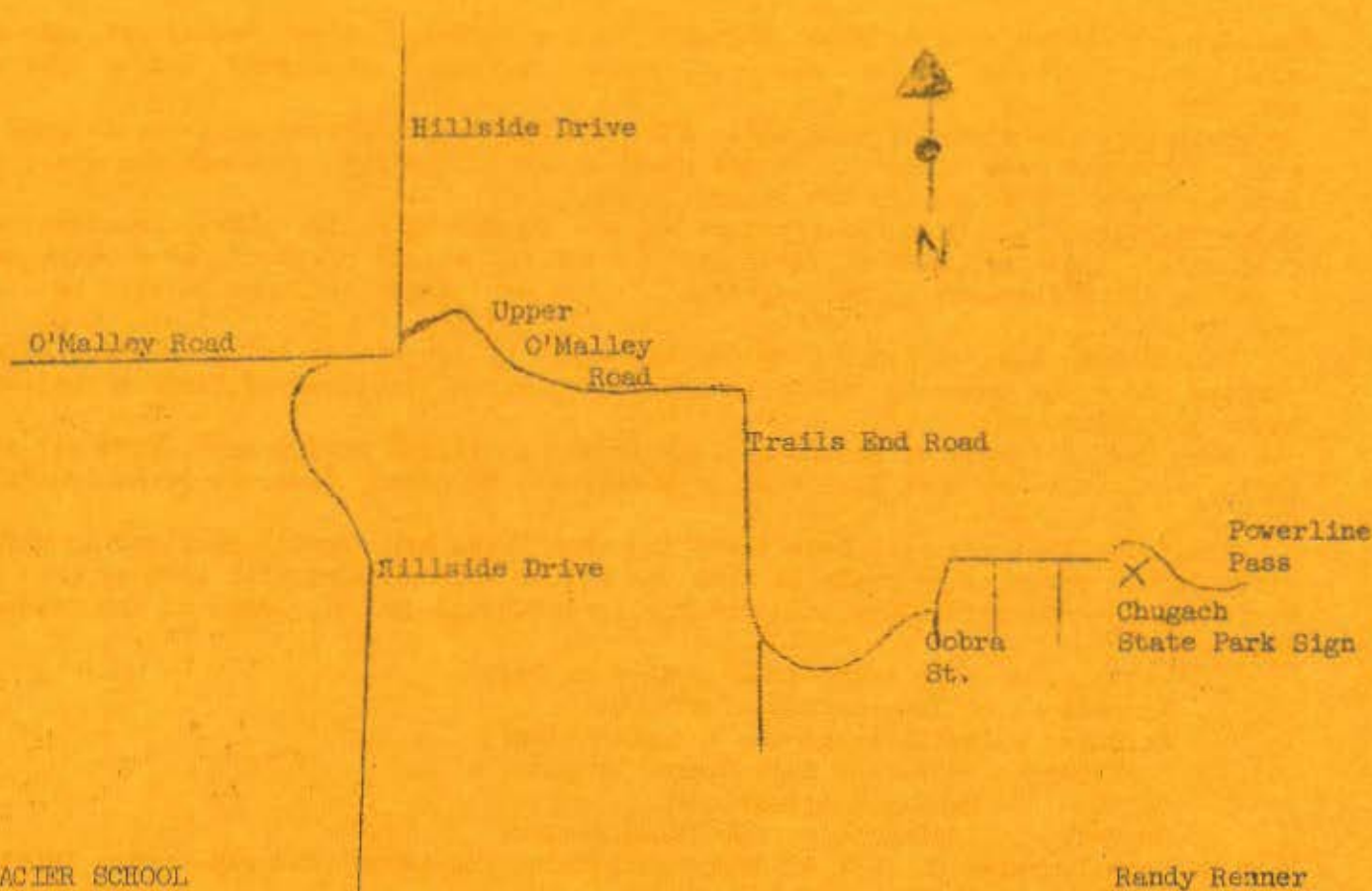
IN PANIC A MAN - CAN RUN TWO HOURS - WALK TWO HOURS - CRAWL AN HOUR - THEN LIE
DOWN FROM EXHAUSTION FOR ETERNITY.

... Compiled from MRA literature ...

NEW ACCESS ROUTES DEPARTMENT...

1) It has been brought to our attention that the land on both sides of Bird Creek (mile 101.5, Seward Hiway) is privately owned (just a few hundred yards up the creek from the highway). The owners have posted "No Trespassing" signs, which should be respected. Access to the valley beyond this privately owned sector can be obtained by going a short distance east of Bird Creek on the Seward Highway, turning off at the sawmill, and going up the road behind it.

2) There is now a new route to Powerline Pass which bypasses Glen Alps and all its accompanying problems. We suggest that you use this new route to get to Flattop and all the other areas around there. The map on the next page indicates the route (go to Upper O'Malley Road and beyond the Chugach State Park Sign).



MCA GLACIER SCHOOL

Randy Renner

Leader: Steve Hackett

Instructors: Hans Metz, Dave Johnston, Norm Stadem, Randy Renner

August 12th Theoretical Session

August 15-16th School on Eklutna Glacier

Students: Charles Kemnitz, Bill Merritt, Ken Aadsen, Jerry Wilkinson, Paul Landis, Chris Tomson, Bill Bulen, Wesley Reed, Sally Johnston, Catherine Kippenhan, Betty Ivanoff, The Matthews Poursome, Marty Corcoran, Eivin Brudie, Dave Lappi, Walter Tofani, Tom Bacon, Brigitte Ressel, Parkiha the Glissading Dog.

The facts of the theoretical session are pretty much the same as any glacier school. There is the usual talk about travel on a glacier, talk about equipment - how to use it, talk about technique, camp selection, weather, stepping on rope with crampons, etc.

The trip up the glacier to the "Perch" was informative as well as humorous on occasion. Steve trying to keep track of his charges - Hans leading the way and getting most everybody started and Parkiha leading Sally. The entourage stopped below the first ice-fall where we were all reunited in preparation for the trip through the crevasse field. The group split into two teams for practice in belaying. Piolet techniques and other methods of climbing through ice-falls and crevasses were demonstrated.

The next lesson was getting up the snow field to the cabin - everybody made it after a fashion - some twice after an unplanned stomach glissade that took a whole rope team down, oh well, nothing like practice. By the time everybody reached the cabin tent city really took shape and then in came the wind and rain. Oh well, guess that's what makes glaciers. Later in the evening a couple of the younger members of the group, who hadn't had enough of a workout yet, went back for more on the snow field, whereupon one member of the afterschool session promptly penetrated his leg with an ice axe pick - that one would have been an interesting trick to film so we could start compiling a "how-not-to" session.

Sunday was spent practicing getting down and out - down the snow field and out of a crevasse.

Well, those are the facts, but that's only 10% of the school - people, the other 89% - we had so many, there isn't enough room in SCREE to do them all justice or injustice. In generalizing though, the level of competence or the desire to teach on the part of the instructors was very high. Steve and Hans do good work. The students brought with them a lot of ability in conducting themselves in outdoor situations, some bad experience, and all had a desire to learn - a good group to have around and see more of in the coming years.

WOLVERINE PEAK (4455')

June 4, 1970

Buddy Jaidinger

My quiet sleep was suddenly shattered at 9 A.M. as I was dragged bodily out of bed by two kids I had promised to take climbing that day. The two; my brother Bill and Steve Toloff, were soon joined by another non-MCA'er, Ewan McQueen. All three reminded me of my promise of a few days before. I kept trying to forget that I had just gotten to bed at 5 A.M. as they handed me my breakfast which consisted of a tuna fish sandwich and a coke. A bit skimpy I remember thinking.

I found out that I couldn't talk my way out of taking them, so I tried to think of an easy peak. After skimming through my trusty "30 Hikes" book and consulting it for directions, we were off after our objective; Wolverine Peak.

We parked "Green River" (my car) at the powerline and proceeded on our way. Still feeling the effects of the night before, (meaning a definite lack of sleep) I let the other guys lead the way to the rim of the canyon. We found the trapper's cabin without difficulty and then plunged into the toolies (alders). The book says that there is a segment of road a couple of hundred yards past the cabin. But what the book failed to mention at this point was that the toolies were covered with millions of tiny green bugs that swarmed all over our bodies. The weather being a bit warm, we were naked to the waist and everytime we hit an alder bush a swarm of bugs would come after us.

We finally found the dirt road and decided to take a break to spit bugs out of our mouths, dig them out of our ears, pick them out of our hair, etc. We followed this road until it stopped at the base of an open bowl. We could see the grassy slopes but before we got there, there was another alder patch, more bugs.

Our summit route was to be the grassy pyramid in the center of the bowl. Midway up the pyramid we encountered a cow moose and her very newly-born calf that seemed to be all legs. After yelling we continued up the slope.

We found the crashed airplane right where the book said it would be - up high. It was damn near to the summit. We looked over the wreckage and then made the summit amid strong winds, threatening clouds and what appeared to be snow or hail falling. According to the register, we were the first to climb the mountain since President Randy Renner took a group up last October.

The trip down was hastened by visions of steak for dinner, but hampered because of sore feet (my boots are getting smaller I think). We scrambled over the rocks of the northwest ridge and rolled somersaults down the grassy slopes and into the bug-filled alders. We stumbled through one alder patch after another (I could see visions of Pioneer Peak) until we again found the road, the trapper's cabin, the powerline, and finally the car, in that order. But no sign of the resident wolverine.

PEAK 5191', EAST OF EKLUTNA LAKE

July 26, 1970

Tony Bockstahler

This is no challenging mountaineering expedition, but it offers a good view of Eklutna Lake and Glacier and the mountains north and east of them. The trip is non-technical, non-bush-whacking (but some grass-whacking), and access is on public land.

Turn south off the Glenn Highway at Mile 26.5 onto the gravel road to Lake Eklutna. Drive $9\frac{1}{2}$ miles to the State Recreation Area at the north end of the lake. Now watch your mileage from here. At Mile 3.3 you cross a wooden plank bridge. At about Mile 4 you pass

a fork to the left where the old road goes up to cross the stream. You proceed straight ahead across the stream and a little further on the old road joins again. You can back into this old road to park or you can continue on to Mile 4.6 where there is a pull-off on the right large enough for several cars to park.

From here walk a hundred yards or so further to where a road comes from the left in to the Eklutna Lake road. Hike up this road about a half mile where it ends in a mud wallow. Continue on a trail that goes straight up along the south bank of the gorge on your left. In about one-fourth mile, there is a small clearing, and a trail turns off to the right. Don't follow this as it traverses the hillside and peters out after about a half mile. You will find a trail continuing up along the gorge. I presume this is a game trail, but it proceeds with much better purpose than most game trails and gets you through the trees with much better ease to a steep grass slope. Go straight up this to a ridge that is less steep and offers easy access to Peak 5191' (Anchorage Quad B-6).

It took me about four hours to go up and about two hours to come down.

Note: The road up to the base of Bold Peak comes in to the Eklutna Lake road at Mile 5.3, just after crossing another bridge. This is another good hike. The road takes you above the timber.

BOLD PEAK 7522'

July 10, 11 & 12, 1970

Bill Stivers

At 10:00 P.M., Friday July 10, Keith Anderson, Mitch Black and I began walking up the trail following the North Fork of the Eklutna River. The trail begins on the north side of the bridge crossing the river. The trail was followed for about $1\frac{1}{2}$ miles until two waterfalls could be seen across an open area to the north. At this point, we turned north and proceeded directly toward the mountain to enter a gorge which was a few hundred yards left of the waterfalls. This gorge is difficult to see from the trail.

A scramble up scree and rock was made to the first cirque at the 3,000 foot level. The two tents were erected in the cirque at 12:30 A.M., Saturday morning. The surface of the cirque was quite rocky except for a couple of tundra patches which barely provided space for two tents. The cirque provided excellent views of the North Fork valley and surrounding peaks. A fast stream flowed over the rocks just below the camp.

Following a late breakfast Saturday morning, we departed for the peak at 11 A.M. The well consolidated snow from the upper cirque (4,000' level) to the 5,700' ridge provided easy walking over the moraine below. There were a few locations where open water was running in the upper cirque. A strong chilling wind was encountered while climbing the gorge beyond the cirque. We were frequently unbalanced by strong gusts. There was a high overcast.

The gorge terminated at the 5,700' ridge which ran northwest to the Bold Peak ridge. The last 1800' was a scramble over rock dusted by new snow. The cold wind persisted. The Bold Peak ridge was reached, and after a short scramble to the northeast, the summit at 2:30 P.M.

The summit was covered by about 2 feet of new dry snow. The temperature was 28°, and the strong wind, provided a quite low chill factor. The cloud cover precluded enjoyment of much scenery, so the register was signed and a fast lunch eaten. We were anxious to descend to a warmer level.

Mitch & Keith glissaded on their seats, backs and stomachs down slopes into the upper cirque. It became considerably warmer after reentering the gorge, however the strong wind continued.

As we were leaving the upper cirque we met Ken Kleine and his brother, Jon. They were planning to camp in the upper cirque Saturday night, and ascend the peak Sunday.

Camp at the lower cirque was reached at 5 P.M. The high overcast lingered and there were occasional strong gusts of wind. The tents were blown down that night; however, since it was not raining everyone slept peacefully under their collapsed tents. Camp was broke at 9 A.M. Sunday. The road was reached at 11:30 There was still a high wind, although there were only scattered clouds. We wondered how Ken and Jon were faring on the mountain above.

LYNX PEAK (6536') and BENCHMARK "HATCH" (4811') July 25-26, 1970

Larry Swanson

Betty Ivanoff, Wesley Reed, Marty and Mike Corcoran and I left the cabin below Snowbird mine at about 6:30 Saturday morning and headed up toward Reed Lakes. Marty and Mike stayed behind at the lakes when Wes, Betty and I climbed snowcovered Lynx. The snow was a bit soft for a good glissade, but we managed to slide down faster than we went up. After reuniting with Marty and Mike we started back to the cabin after a brief rest. On the way down Marty demonstrated her skill as a hunter by catching a ptarmigan with her bare hands, after we all examined it, she let it go. When we got back to the cabin Betty and Wes went up to the mine to look through the ruins.

The next day Betty, Marty and Mike went up to the mine and Wes and I soaked up some sun in front of the cabin. After the others returned we drove over to Hatcher Pass. After looking at the map we decided we would climb up to Benchmark "Hatch" (4811') to the south of the pass. Wes's foot was bothering him so he said he'd wait at the pass while we climbed it. Marty's son Mike is only 4 years old, but he climbed up to the summit without any trouble at all. The view from the top was one of the most spectacular we had ever seen, as the McKinley complex, Mt. Susitna, Marcus Baker and the peaks along the Palmer Highway, as well as the nearby peaks in the Talkeetnas were spread out around us. As we glissaded down in style, ending a very enjoyable weekend, Summit Lake and two small tarns glistened in the sunlight.

MT. MCKINLEY, WEST BUTT

June 1970

Randy Renner

beautiful day	train ride	look at denali all day	talkeetna	pack the plane
fly in	good god is this mother big	base camp	relays	camp I 8,000
relays	camp II 10,400	the japanese	snow	storm
peas, carrots, choc bars	a break	windy corner	crevasses	whoops
camp III 14,400	the wall	the ridge	camp IV 17,200	denali pass
headaches	tired	final push	the summit	down and out
talkeetna	beer	train ride	more beer	anchorage
				the grind again

MEMBERSHIP INFORMATIONAgosti, Dona, 2324 Loussac Drive, Anchorage 99503, phone 279-2901Bulen, Bill & Florence, Box 1432, Anchorage 99501, 333-8357Hood, Connie, 8036 Lloyd Drive, Anchorage 344-1306Kemnitz, Charles, 2453 Captain Cook Drive, Anchorage 99503, 272-4370Landis, Paul, 2401 Northrup Circle, Anchorage 99504, 272-9335Mathews, Mo, 106B Gulkana, Fort Richardson 99505, 864-1168Merritt, Bill, 2916 Knik, Anchorage 99503Park, Bill, 602 MAS Sq, PSC 2 Box 3016, Elmendorf 99506, 754-4276 (work)Parker, Nick, 2105 McKinley #4, Anchorage 99503, 277-2030Samuelson, John, Box 2222, Anchorage 99501, 277-2328Stella, Gregory & Family, 541 Irwin #4, Anchorage 99504Tomsen, Chris, 112-B Gulkana, Fort Richardson 99505, 862-0150Wilkinson, Jerry, 21-395A Cherry Drive, Elmendorf 99506, 752-9248(home), 752-7126(work)

MEMBERSHIP LIST CORRECTIONS

Please make the following phone number changes on your membership list- NOW.

<u>Lundstrom, Marie</u>	272-0858 (home)
<u>Wolfe, John & Margaret</u>	272-7698

BITS AND PIECES

A dream came true for many Alaskans on Sunday August 9th when the CHUGACH STATE PARK was dedicated. A brand-new sign proclaims the entry to the park at the end of Upper O'Malley Road (see map on page 4). The 512,000 acre park is bounded by Crow Creek Pass, goes down the Seward Highway to Potter, and comes close to the Glenn Highway at several points between Anchorage and Eagle River. In his dedication speech, Gov. Keith Miller named some MCA'ers whose hard efforts made this dream become reality: Sharon Cissna, Ted Schultz, Dave & Carol DeVoe, Barney Seiler and Fandy Renner.

The MCA has just received the last (we think) 18 copies of "30 Hikes in Alaska". They will be sold to club members at the September meeting. If you wish to reserve a copy ahead of time, call Dick or Liska Snyder at 279-2808, as they will be sold on a "firstcome -first served" basis.

REMINDER: "50 Wilderness Routes" still needs help and hopefully there's a month of fall hiking left. We have data and photographs for over 40 of the trips now, and it looks good for publication by next summer. Many of you have been very helpful in checking out our directions and for this- many thanks. Some confusion in directions has been discovered this way. But there are more trips to be checked out and now that I'm back from Outside and semi-organized, please call me so I can get directions to you.

Helen Nienhueser 277-9330

Mt. McKinley was the scene of two "firsts" this summer. . . .

On July 6th, all members of the "Denali Damsels" Expedition reached the summit of North America's highest peak. Those who were there were: Faye Kerr from Australia, Margaret Clark from New Zealand, Dana Isherwood, Arlene Blum, Margaret Young, and Grace Hoeman from the U.S. The girls from down under spoke some English too. T'was the first time McKinley was successfully challenged by a party of "broad". Deeds and disasters occurring during the expedition will be recounted in a coming issue of "Ladies' Alpine Journal".

And the first successful solo climb, completed on August 27th, when Naomi Uemura, a Japanese climber who has climbed the highest mountains on every continent, reached the summit of McKinley alone, after only 5 days of actual climbing.

A meeting of the Committee on Geographic Names is planned for Monday, September 28, 1970 at 8 P.M. at 2500 Glenwood Street, Anchorage. If you wish to contribute a new name or just want to contribute, come on over. Tea and cookies will be on the house; bring your own beer or wine or whatever.

Pete and Nancy Robinson are the parents of a son, born at the end of August. They named him Vin, after Vin Hoeman.

MORE BITS AND PIECES

MCA'ers Fred Cady and Katie Hammond who met on an MCA trip last summer, were married on July 11th in Pittsburgh. They plan to pass through Anchorage on their way to New Zealand, where they plan to live.

*

Congratulations to Barry Kircher and his new wife Ruth. They were married August 1st in Girdwood.

*

Bill Stivers reports that the Forest Service has constructed an excellent 5 mile trail to Crescent Lake and a cabin there. The trail is located a few miles east of the Quartz Creek Campground near Kenai Lake.

*

David Hunke reports: "On May 9th, Ken Martinson, my brother Jim and I embarked on a jaunt up Falls Creek. We drove down the Seward Highway and by midmorning we were heading up the valley on a planned traverse of Indianhouse Mt. from West to East. Unfortunately, the avalanches on Indianhouse, due to the warm sunshine, kindly informed us to go elsewhere. So instead we rambled up the 3920' point, one-half mile NW of Indianhouse and there built a cairn with a Libby's olive can register container as we found no signs of previous human visitation. We figured this was due to its being the lowest point in the area. We ran back through the mile of hip deep slush, then absorbed skin-deep stickers of devil's club and 200 yards of trail all the time keeping a wary eye toward any afternoon avalanche that might drop in on us unexpectedly. It was most enjoyable and the alpine scenery from Bird Peak to the Organ group was superb".

*

Grace Hoeman soloed Ptarmigan on September 2nd. And this is no shocking event, were it not for the fact that she found a totally soaked register atop, which she had to take home with her. The register is all dried out now, and entries added to the typewritten list, as well as corrections. If some good persons intend to go that way would they give Grace a call and take the register back up with them? She also lost her new Rollei 35mm camera, maybe somebody will find it. . . . (when it will be no longer useful).

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SNEAK PREVIEW OF NEXT MONTH'S SCREE

A report of a month spent climbing around in the Romanzof Mountains of the eastern Brooks Range by a former MCA president who is still waiting for his ice axe to arrive.

A trip report on the Eklutna to Girdwood traverse made this past Spring.

Have YOU sent in your article for SCREE????

SCREE is published monthly by the Mountaineering Club of Alaska which is affiliated with the Anchorage Dept. of Parks & Recreation. Editor: Liska Snyder. Ass't Editor: Chuck Pease. Staff: Carol DeVoe, Joanne Merrick, Doris Curtis, Betty Ivanoff. Please send material for the October SCREE to Liska Snyder, 2806 Alder Drive, Anchorage, Alaska 99504 by Wednesday September 30th.