

MOUNTAINEERING CLUB OF ALASKA

SCREE

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MEETING, MONDAY, JANUARY 4, 1960

This will be the last issue of Scree which will be sent to former members of the Mountaineering Club of Alaska who have not paid dues for the 1959-60 year. It is not too late to join and we are going to have a fine winter climbing schedule as witness the next section. Dues may be sent to Helga Bading, address above, or given in person at Jonas Bros. All memberships paid in person are guaranteed to be received with a broad Bading smile!

CLIMBING SCHEDULE

- January 16-17 This can be a one day or an overnight trip. The choice depends on who goes and how hardy they are. Helga Bading will lead a snowshoe (or ski) trip over the O'Malley Trail to Indian Creek. This is the route of the snowshoe trip described in the November Scree.
- January 24 This trip, originally scheduled for December 13th, was moved into the new year because of the business of the Yule season. It will be a snowshoe or ski trip (the choice of the individual) to the Arctic Valley with an attack on the ridges of the south fork of Eagle River.
- March 5-6 Paul Crews will lead a trip up Pioneer Peak (6598 ft.) avalanches permitting. Pioneer Peak was successfully climbed in February '59. The summer attempts all ended in frustrating failure either because a good route could not be found or the weather closed in.
- April Sometime this month the peak climbed by Mat Nitsch in the early summer of '59 and named officially Carpathian Peak will be tried by the MCA.
- May 15 Bird Creek Ridge. This is opposite Indian Creek and is about 4,600' ft. Norm Pichler referred to it as a nice "hill" and a good hike, not a climb. Children can easily get part way up the ridge and there is little or no brush.
- May 21-22 A rock scramble behind O'Malley Road
- June 4-5 Norm Pichler wants to lead a climb up a 7,500' peak behind Eagle River.

There will be alternate trips if those on this schedule do not work out because of trail or weather conditions. The success of any trip depends on people going. A climbing schedule has been worked out but the Club needs you to make the trips possible. For further information about these tentative trips call Helga or the Wilsons. Both numbers are given above.

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In addition to the climbing schedule, a winter survival session to practise or acquire the techniques of living out in low temperatures is planned. The Club hopes to have a leader training class during the early months of '60, and of course, come April a continuation of the climbing school which was most successful last summer.

JANUARY 4, 1960

At the last Mountaineering Club meeting Jackie Cote made an excellent suggestion. He thought it would be a fine club outing in August or September to hike over the Sulkoet Pass to Skagway. The trail is still in existence. This trip would mean a long drive to Whitehorse and then in to Carcross on Lake Bennett. The group trying it could hike in one direction and then either walk or railroad back over the White Pass. It would probably take a week. Although this is a very tentative plan it is an intriguing one and merely takes the interest, expressed, of a few people.

Y 4.

ing a holiday season food is much in evidence. Have you ever wondered what to a pack for a hiking, climbing or winter outing trip? "The Ed." asked two MCA members what they took and came up with the following:

Johnnie Johnston says that for a day trip - hard salami, pepperoni and cheese are basic rucksack items. During the winter months, a thermos of hot soup can be a real inspiration. He remarked that Wilson & Co. in Chicago has put out a dehydrated meat bar which costs 95¢ (it must be ordered from them), weighs 3 oz., is equivalent to a pound of meat containing 513 calories), and can be eaten like a candy bar or crumbled up and cooked.

It has been said that Everest was climbed on the logistics of Sir John Hunt figured out carefully what could produce the maximum results. On this basis Johnnie suggested for a longer than one day trip such items as dehydrated soups, minute rice, nuts, raisins (he suggested that these last two can be mixed - very tasty), and made fudge (it contains the right amount of energy value which "store-boughten" fudge doesn't). These things can be packaged in plastic bags which make light protective wrappings.

Y-trip-rucksack-recipe

by Helga Bading

Put a handful of raisins and a handful of nuts into a plastic bag. Put this into another plastic bag and add: one large chunk of mild cheese (forget the bread, it's for the birds), one large size chocolate bar, one orange, one apple. Pour a can of lemonade or lemon juice into your canteen before dumping it into your pack. Spoiling for plain water good enough for you? Well, how come that my canteen always empties first and I end up with plain water?

Don't believe it until you try, but some lemon or orange juice does make a lot of difference. On hot days warm lemonade is still more refreshing than warm water. For a day trip it's so little extra trouble.

Not one little item. On the very bottom of my pack rests a can of sardines. It's there, unspoiled and never dried, but it doesn't mess up the pack not take room. It's the "emergency" can. Sardines will slide down the driest throat and oil is laden with energy. Try it sometimes.

Her recipes and suggestions will be most welcome. Don't hesitate to share any mess you've found a helpful aid in the outdoor culinary department. We call to Gwyn Wilson will make your contribution available to numerous mountaineers!

Y

THE NEW YEAR AND THE NEW DECADE RIGHT: come to the MCA meeting which will be as usual at the Willow Park Recreation Hall at 8 p.m. Jake Breitenbach will show slides of the McKinley trip last summer.